

Lake Illawarra Athletics Association Inc.

2024 Summer Carnival



Where: Myimbarr Community Park (Wattle Road, Flinders)

When: Sunday 7th January 2024.

Time: Carnival Starts 9:00am **There will be no entries taken on the day.**

Weather: Carnival will proceed in all weather and will not be cancelled.

Entry Fee: Tiny Tots: \$10.00 per athlete **There will be no entries taken on the day.**

Entry Fee: U/6 to OPENS: \$4.00 Per Event (or 7 or more Events per athlete \$25.00) **There will be no entries taken on the day.**

Entries Close: Saturday 6th January 2024 at 2.00pm Sharp – **Strictly NO Entries will be received after this time.**

Awards: Medals for 1st, 2nd, and 3rd Placing's in All Events

Tiny Tots will receive special award for participation.

Centres will also be vying for the LILAC Shield - this is based on points for the top 8 placegetters in each event (ex Tiny Tots) at both our October Carnival and Summer Carnival.

All track event medals given on times. No finals will be run. In keeping with the spirit of the day **NO PROTESTS** will be considered. There is no limit to number of events an athlete can enter. Events may be combined where insufficient entries are received.

*Athletes may go up an Age Group to compete in an event **not** available in their own Age Group as long as specifications (eg Weights) do not differ, and the event is allowed under Little Athletics NSW Rules. Athletes competing in the Opens must be registered with Athletics Australia, with the exception of the 800m, High Jump, Discus (were under 17's can also compete) and the 60m which is opened to all athletes regardless of their age group.*

Events in Bold indicate Mid South Coast Zone Grand Prix Events, Feature Event in *Italics*

Tiny Tots		Various Activities including Running, Jumping and Throwing								
Under 6	50m	70m	100m	300m	<i>Long Jump</i>	Shot Put	Discus			
Under 7	50m	70m	100m	500m	Long Jump	Shot Put	<i>Discus</i>			
Under 8	60m/h	70m	200m	700m	Long Jump	Shot Put	Discus			
Under 9	60m/h	70m	200m	800m	700m/w	Shot Put	Discus	Long Jump		
Under 10	60m/h	70m	200m	400m	<i>1100m/w</i>	Shot Put	Discus	High Jump		
Under 11	80m/h	100m	200m	800m	1100m/w	Shot Put	Discus	Long Jump	Javelin	
Under 12	80m/h	100m	200m	400m	1500m/w	Shot Put	Discus	Triple Jump	<i>High Jump</i>	Javelin
Under 13	80m/h	100m	200m	800m	200m/h	Shot Put	Discus	Long Jump	Triple Jump	Javelin
Under 14	80-90m/h	100m	200m	400m	200m/h	1500m/w	Shot Put	<i>Discus</i>	High Jump	Javelin
Under 15	90-100m/h	100m	200m	800m	300m/h	Shot Put	Discus	Long Jump	Triple Jump	Javelin
Under 17	100-110m/h	100m	200m	400m	300m/h	<i>1500m/w</i>	Shot Put	Long Jump	Triple Jump	Javelin
OPENS	<i>60m*</i>	100m	200m	800m	Discus	Long Jump	Triple Jump	High Jump	Javelin	

For more information on the carnival please contact Kevin McGarry on 0417 048 148 or via email at lilac_carnival@outlook.com

Entry Format

1. Online entries are being taken via Results HQ (contact your centre to open nominations, additional fees from Results HQ will apply)
2. Email your entry form to lilac_carnival@outlook.com (Athletes name, Gender, Centre/Club, Registration Number and Events need to be included)

Direct Deposit Details BSB: 633-000 Account Number: 150649630 Account Name: Lake Illawarra Little Athletics Association INC
Reference: Athletes Name.

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____

BOYS/GIRLS _____

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____

EVENT 4: _____

EVENT 5: _____

EVENT 6: _____

EVENT 7: _____

EVENT 8: _____

EVENT 9: _____

EVENT 10: _____

EVENT 11: _____

EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____

BOYS/GIRLS _____

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____

EVENT 4: _____

EVENT 5: _____

EVENT 6: _____

EVENT 7: _____

EVENT 8: _____

EVENT 9: _____

EVENT 10: _____

EVENT 11: _____

EVENT 12: _____

ATHLETES NAME: _____ REGISTRATION NUMBER _____

CENTRE: _____ CENTRE NUMBER _____

AGE GROUP _____

BOYS/GIRLS _____

EVENT 1: _____

EVENT 2: _____

EVENT 3: _____

EVENT 4: _____

EVENT 5: _____

EVENT 6: _____

EVENT 7: _____

EVENT 8: _____

EVENT 9: _____

EVENT 10: _____

EVENT 11: _____

EVENT 12: _____

Contact Name: _____ Contact Number: _____

Email Address: _____